



The Denial of Self: Do You Want to Have or Do You Want to Be

By Leland Benton, Dr Leland Benton

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Denial of Self - Do You Want to Have or Do You Want to Be is a most compelling book that answers the causes of life s problems. Dr. Leland Benton nails it when it comes to defining a person s responses to life and how they get into trouble and problems. But then he shows his readers how to overcome a person s inherent nature to shoot themselves in the foot and demonstrates how to correct a person s problematic lifestyle. You have seen nothing like this; and Dr. Benton s 31-years as a behavioral scientist qualifies him to teach these important lessons. This book is a must read for anybody facing problems and stress. Parents, in teaching your children, need to ensure that they understand that they are not made just for consumption and self gratification. This book is a real eye opener. Narcissism denial of the true self is a topic that is a must read in this book. Self denial psychology stems from self denial in the bible. Self denial meaning is the...



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