



Mastering Astral Projection: 90-Day Guide to Out-of-Body Experience (Mixed media product)

By Robert Bruce, Brian Mercer

Llewellyn Publications, U.S., United States, 2004. Mixed media product. Book Condition: New. 230 x 188 mm. Language: English . Brand New Book. Projecting out-of-body requires a delicate balance of mind, body, and spirit. Mastering Astral Projection offers everyone the opportunity to explore nonphysical dimensions and learn more about their spirituality. This practical guide to achieving conscious out-of-body experiences is based upon Robert Bruce's extensive knowledge of astral projection, Brian Mercer's methods for personal success, and valuable feedback from volunteers who have tested this program. Presented in an easy-to-follow workbook format, the thirteen-week program introduces astral projection methods and provides daily exercises that progressively prepares and trains readers for this incredible, life-changing experience. 2005 Coalition of Visionary Resources (COVR) 2nd Runner Up of Interactive Sideline category.



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