



## The Body: A Complete User's Guide

By Richard Restak, Patricia Daniels

National Geographic Society. Hardback. Book Condition: new. BRAND NEW, The Body: A Complete User's Guide, Richard Restak, Patricia Daniels, Created in collaboration with a panel of medical experts, The Body features the latest information about the inner workings of the human body and its vital systems. Packed with plenty of how-to tips to stay healthy and illustrated with more than 300 colour photographs and diagrams, this book is beautiful, authoritative, and informative. Engaging text reveals the complex and fascinating systems of the body: from the cells to the skin, from the circulatory system to the nervous system, and much more. Head-to-toe structural and anatomical details complement helpful diagrams, how-to health tips, Did You Know? fact boxes, informative charts, and illustrated sidebars. This dynamically designed colourful reference features a unique combination of compelling images including archival photos, as well as the modern marvels of 3D and 4D images, taken through powerful telescopes, ultrasound, and molecular surveillance. Find out how much money people spend annually on Botox, the origin of the term blue blood, and how much blood your heart pumps in a lifetime. A user-friendly glossary and extensive index make this book easy to use and fun to navigate.



**READ ONLINE**  
[ 1.48 MB ]

### Reviews

*It is just one of the most popular ebook. It really is full of wisdom and knowledge You are going to like just how the blogger create this pdf.*

-- **Roosevelt O'Keefe**

*A really amazing pdf with perfect and lucid reasons. This really is for anyone who statted there was not a worth reading through. Your daily life span is going to be transform when you comprehensive looking at this book.*

-- **Malachi Braun**

---

## Relevant Kindle Books

---



### **Let's Find Out!: Building Content Knowledge With Young Children**

Stenhouse Publishers. Paperback. Book Condition: new. BRAND NEW, Let's Find Out!: Building Content Knowledge With Young Children, Sue Kempton, Ellin Oliver Keene, In her new book, Let's Find Out!, kindergarten teacher Susan Kempton talks about the importance of helping children build the...

---



### **The Case for the Resurrection: A First-Century Investigative Reporter Probes History's Pivotal Event**

ZONDERVAN, United States, 2010. Paperback. Book Condition: New. 180 x 127 mm. Language: English . Brand New Book. The Case for the Resurrection, a ninety-six-page booklet from bestselling author Lee Strobel, provides new evidence that shines a fresh light on the Bible...

---



### **Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age**

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video Games. iPods. Kids today are plugged into...

---



### **My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests**

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports...

---



### **Your Planet Needs You!: A Kid's Guide to Going Green**

Macmillan Children's Books, 2009. Paperback. Book Condition: New. Rapidly dispatched worldwide from our clean, automated UK warehouse within 1-2 working days.

---



### **Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...

---