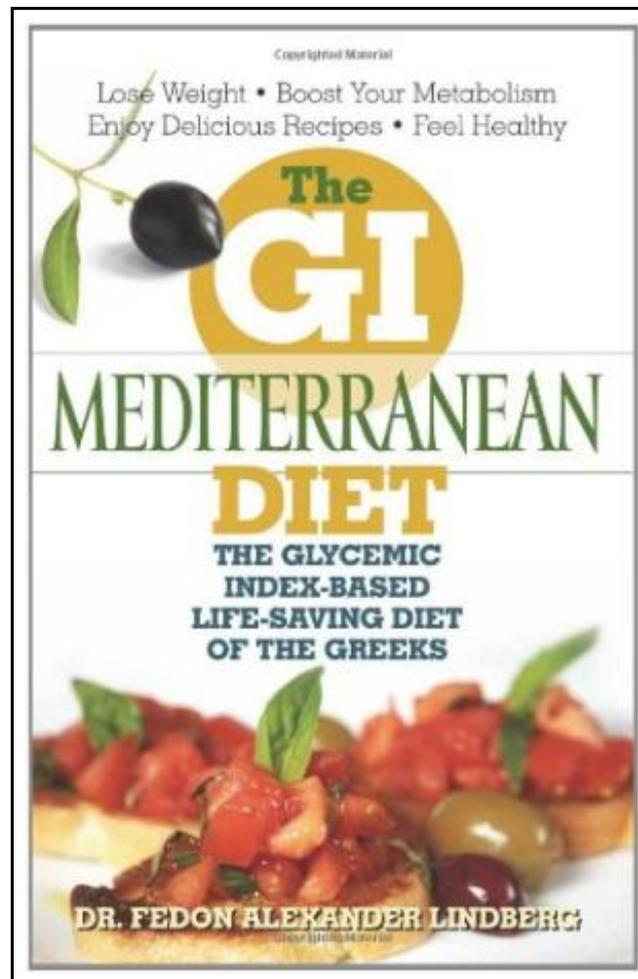


The GI Mediterranean Diet: The Glycemic Index-Based Life-Saving Diet of the Greeks



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